

Specialist in Oral and Maxillofacial Surgery
Dr. Dr. Dirk Baumann

Behavioral rules after

Oral and Maxillofacial Surgery

1. Using a moving vehicle is not permitted on the day of surgery.
2. Avoid physical effort during the first week after surgery.
3. Cool the cheek on the treated side of the face using cold compresses. Avoid heat treatment.
4. In case of pain use the prescribed painkillers.
5. Avoid caffeinated beverages (cola and coffee) and alcohol on the first on 3 - 4 days.
6. Do not eat hot or spicy food.
7. Rinse your mouth after every meal but avoid frequent rinsing because this can interfere with the healing process.
8. Brush your teeth regularly with a soft toothbrush. Do not touch the wound area.
9. Don` t be worried if your cheek should swell during the days after the surgery. This is unpleasant, but not threatening.
10. In the case of bleeding in the area of the wound, call us and bite on a clean, folded cotton cloth.
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12. Keep your postoperative care appointment.